



# The Times of Nature

## MONTHLY NEWSLETTER

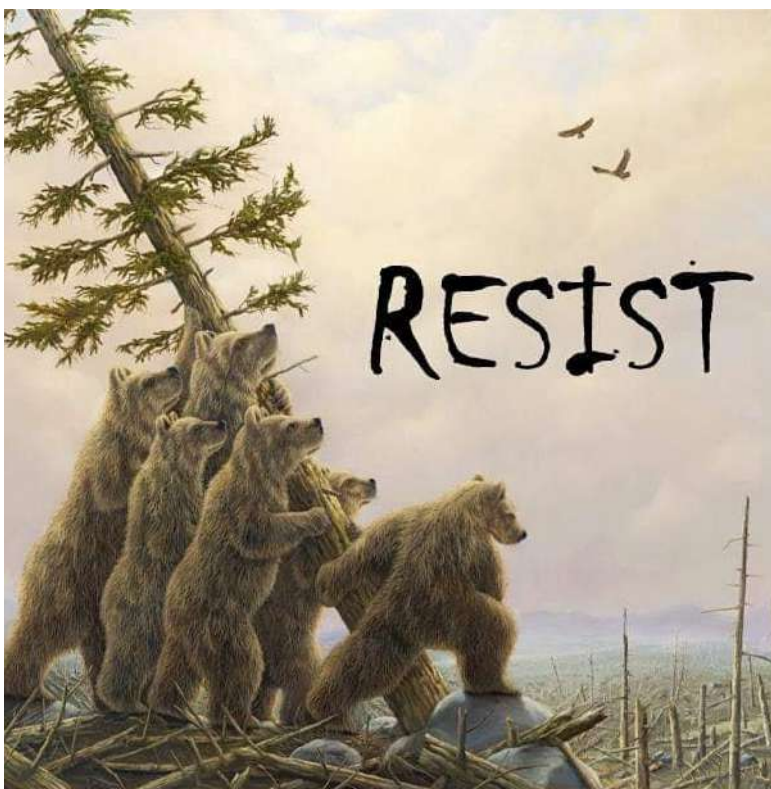
[www.ndns.in](http://www.ndns.in)

Issue #32

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February 2020



Please follow this link to contribute towards  
environment protection by NDNS  
[CLICK HERE](#)

Saving existing trees  
is greater than  
planting new saplings

We would love to know how you feel about our  
work for nature conservation.

[SEND FEEDBACK](#)

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### A healthy tree worth Rs 24 lakh per year

Ever wondered what is the value of a tree?

1 tree provides you the value of rs 24 lakh per year, so 2 yrs is 48 lakh, 3 yrs is 72 lakh.

Killing a tree means a loss of lakhs of rs worth of benefits.

Since it takes atleast 20 years for a tree to grow full size, cutting a full grown tree to replace it with a sapling means that there is a loss of approx 24 lakh x 20yrs = Rs 4,80,00,000 (for 1 tree)

So for 10 trees felled, we lose rs 48,00,00,000.

100 trees felled = loss of rs 480,00,00,000



[Click Here for TOI article](#)

### Contribute for a Tree Saving App

We are building an app to save trees.

We have raised almost half the target amount.

Please [CLICK HERE](#) to contribute for building the App to Save Trees.

Thanks in advance.



### Tree Blindness

Have you ever walked into a tree or driven into a tree. Millions of people in big cities are suffering from this terrible disease called tree blindness. Please see this research paper which was published by the **National Association of Biology Teachers**, University of California. Spending more time in nature, hugging or climbing trees can help to cure this disease. Share this with somebody who maybe suffering from tree blindness.

[Click Here for the full report](#)



UNIVERSITY OF CALIFORNIA PRESS  
Advancing Knowledge. Strong Leaders.

Preventing Plant Blindness  
Author(s): James H. Wandersee and Elizabeth E. Schneider  
Source: *The American Biology Teacher*, Vol. 61, No. 2 (Feb., 1999), pp. 82-84-86  
Published by: University of California Press on behalf of the National Association of Biology Teachers  
Stable URL: <http://www.jstor.org/stable/4450624>  
Accessed: 07-03-2017 19:46 UTC

**REFERENCES**  
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National Association of Biology Teachers, University of California Press are collaborating with JSTOR to digitize, preserve and extend access to *The American Biology Teacher*.



### Tips to connect with trees

Did you know that meditating under a tree is the most efficient way to achieve enlightenment?

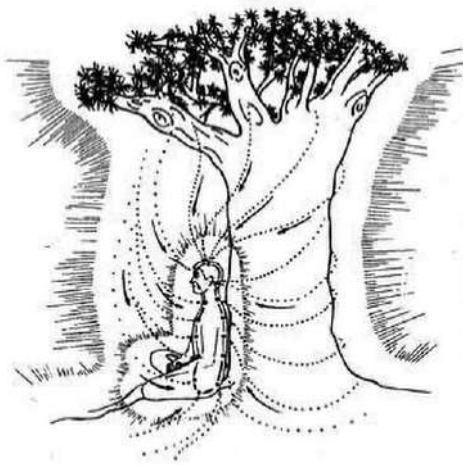


Figure 2-35. Meditate while sitting under a tree. Absorb the tree's energy through the stations (points) of the Microcosmic Orbit

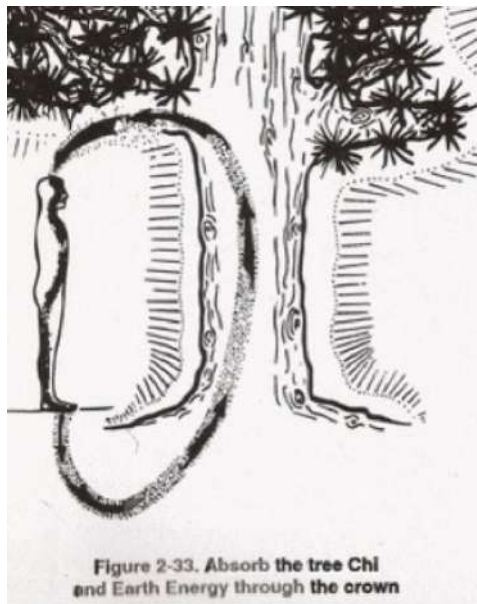


Figure 2-33. Absorb the tree Chi and Earth Energy through the crown

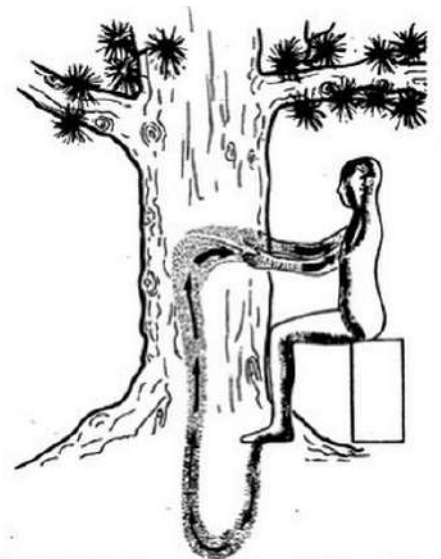


Figure 2-31. Use the palms to absorb the tree Chi and send it down into the roots about ten feet

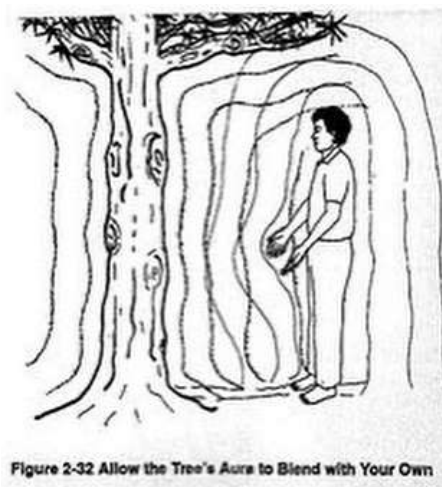


Figure 2-32 Allow the Tree's Aura to Blend with Your Own



Figure 2-29. Practice with a tree to absorb Tree Energy and then return it to the tree  
Yin Cycle: Use the palms and insides of the arms  
Yang Cycle: Use the fingertips and outsides

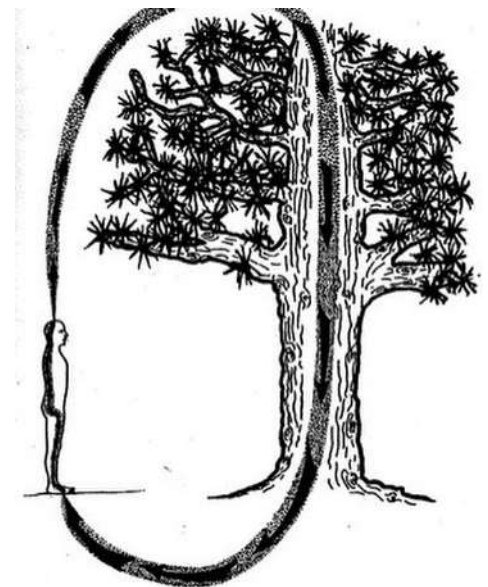


Figure 2-34. Absorb the Earth's Force. Circulate it through the tree after sending it out through the crown

### Trees hugging therapy

A young lady visited our office a few days ago. She seemed a little distressed. Her guru had advised her to hug a mango tree for a few days to feel better. So she was trying to find a mango tree in the city. She found our page online since we conduct tree hugging sessions and she realised that we can help her. After suggesting to her where she can find mango trees, she went there but could not identify which are the mango trees. So we sent some pictures to help and it worked. She found the mango trees, hugged them for a while and sent a thank you message later. This is a true story and it shows that people who don't hug trees or who are not spending enough time in nature, begin to face problems. There are many manmade things distracting you from enjoying the natural world. This weekend, go hug a mango tree and tell us how it made you feel. Remember to place your heart on the tree and close your eyes to feel the energy of the tree.



### Central Vista Trees

This is just 1 of the thousands of tall beautiful majestic trees full of wildlife which are going to be chopped away to build large concrete buildings around India Gate.

Please follow [Lokpath India](#) and help to protect nature in the heart of #Delhi.

If our environment is not protected, our future is not protected





### College of Vocational Studies - Climate Change Event

The Green Brigade from the College of Vocational Studies organised the “Vasudha 2020” event with the theme as "climate change".

NDNS founder Mr. Verhaen Khanna was invited to speak about the Green Manifesto and we also put up a stall (Thanks to Sovan Dhal, our volunteer).

The students were very receptive and we know that they will work hard to protect the environment.



### Langur Case

Delhi Police caught this man with a langur.

Langur is listed under Schedule-II of the Wildlife Protection Act, 1972, and under the IPC animal cannot be owned, traded, bought, sold or hired out.

Any violation of this law entails a three-year jail term or a fine or both.

The langur was sent to Sanjay Gandhi Animal Care Centre SGACC.

If you see anybody using a Langur on a rope, please call the police immediately.



### Animal Abuse

This man makes monkeys on a leash dance in the heat all day so that he can take money from people. This is illegal under the Wildlife Protection Act 1972. The police could not reach in time, however the colony security was quick to reach the location.

Unfortunately, the man pushed the security guard on a bicycle and managed to get away with the monkeys on his motorbike.

So if you see anybody doing the same thing, call the police immediately, don't tell the monkey man that the police are coming, engage the man in conversation if required. Ask him for his number to book monkey dance for kids bday, get a pic of his bike, once the police come, then contact the wildlife department or the forest department to transport the monkey to the safe location.





### 22 Trees Felled at Lodhi Gardens



Many healthy Ashoka trees have been hacked in Lodhi Garden. Their entire canopies have been removed. They were of no threat to anybody's life or property. It is a violation of the Delhi Preservation of Trees Act 1994.

Thousands of people visit this park everyday. Imagine if people objected at that time and managed to save these trees. All the wildlife living in the trees would have also been saved.

This is why we are building an app to save trees. Please follow this link to help us build the app: <https://rzp.io/l/TreeSavingApp>



[Click here for Full TOI Article](#)

### Dog Wagging His Tail = Happy Dog

Many children in Delhi have been taught by their parents that a dog wagging its tail and looking at you, means that the dog is going to murder you and completely eat your entire body.

When children are taught this wrong information, they usually overreact when they see a small puppy wagging its tail, so sometimes they begin screaming at the top of their voice and sometimes they blindly run in the opposite direction out of fear. In some cases, the children also run into walls and get injured.



## Introducing Dogs to children

Introducing children to dogs is a very important lesson.

Some parents teach their children to be afraid of dogs even though they have never faced any bad experience.

We can conduct a safe dog interaction session in your child's school to help them overcome unnecessary fears. The children also learn how to understand a dog's behaviour and body language. This pic was clicked from a workshop at Mira Model School a few years ago, thanks to the forward thinking principal who ensured a great learning experience for the students.

The dog is a St. Bernard, from Fauna Police, one of the largest dog species you can find in Delhi, and look at how fearless and happy the children are.

Fact: Dogs are a human's best friend. Your human best friend would probably not care about you as much as your dog would.

**क्या आपके बच्चे कुत्तों से डरते हैं ?**

शायद उन्हें स्कूल में कुत्तों के बारे में नहीं पढ़ाया गया है।

कृपया स्कूल से अनुरोध करें कि वह बच्चों को कुत्तों के बारे में सिखाये।



## Important articles (click to open)

[Centre's Plan of Demolishing Heritage Reeks of Thoughtlessness](#)

[A Bunch of Architects is Worried by Modi's Central Vista Plan. So They Drew a Comic](#)

[Govt inducts mining baron into wildlife board](#)

[Ailing vulture suffers as people scramble to take pictures with endangered bird species in Chhattisgarh](#)

[On Kejriwal's orders, no firecrackers at AAP headquarters as party celebrates poll victory](#)

[Tamil Nadu: Traders ban Pepsi, Coca-Cola to support local products](#)

[A 'nature hour' should be part of the school curriculum every day, say The Wildlife Trusts](#)

[EU accused of climate crisis hypocrisy after backing 32 gas projects](#)

[‘If you are politically committed to destroying conservation zones, say so’: HC raps Khattar govt](#)

[Pleas in High Court challenge Central Vista project](#)

[Karnataka new forest minister's CV: 15 criminal cases, 'illegal miner, forest encroacher'](#)

[Delhi: Business of renting out langurs, punishable under IPC, flourishes amid growing monkey menace](#)

[We need fewer exams and more wilderness in education](#)

[Brazil's Bolsonaro Unveils Bill to Open Indigenous Lands to Mining, Oil and Gas Exploration](#)

[Water Released Into Yamuna To Improve "Environmental Condition" Ahead Of Donald Trump's Visit](#)

[How Jharkhand's Mandal dam could destroy the environment, livelihoods, and 3.4 lakh trees](#)

[Bhutan PM Urges All Citizens To Adopt Stray Dogs & Plant A Tree As King's Birthday Gift](#)

[Lease of Life: A 380-acre plot in Gurgaon is now home to hundreds of native trees and bird species](#)

[52% of 261 birds species decline in India, warn scientists in a new report](#)



# The Times of Nature

## MONTHLY NEWSLETTER

February 2020

### NDNS Membership

We are excited to offer you an NDNS Membership.

Your membership will help to protect the environment.

You will enjoy special packages and benefits for members.

We look forward to your participation.

[Click here to Sign Up](#)

**BECOME A MEMBER**

BECOME A NEW DELHI NATURE SOCIETY MEMBER TODAY AND AVAIL THESE AWESOME BENEFITS!

- 10% OFF ON NDNS EVENTS
- 15% OFF ON NDNS MERCHANDISE
- INVITATION FOR MEMBERS EVENTS
- NETWORK WITH LIKE-MINDED PEOPLE
- LEARN TO IMPROVE THE ENVIRONMENT
- ACCESS TO THE NDNS LIBRARY

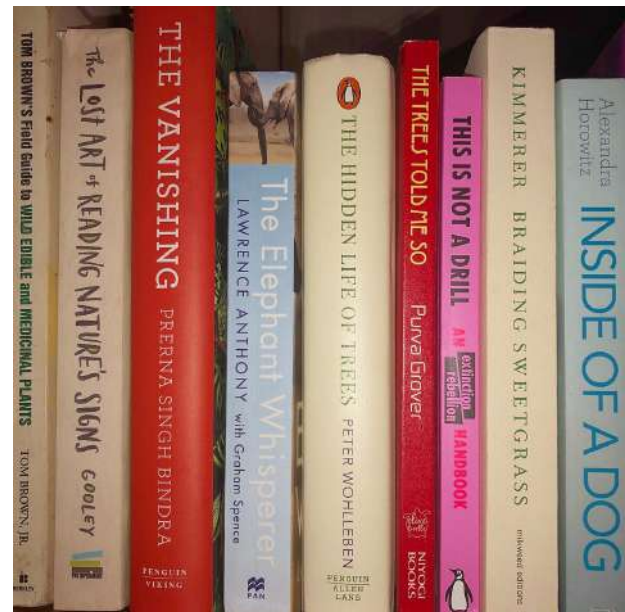
JUST FILL THE FORM BELOW

### Donate a book to the NDNS library

Big THANK YOU to all the amazing people who have donated these awesome books towards the #newdelhinaturesociety library.

You can also donate nature related books to NDNS to help build the library.

Visit our website for more details: [www.ndns.in](http://www.ndns.in)



### Buy a badge of your favourite bird.

Contact us to place your order & start your collection today!

Just Rs 50/- each.





### Booklet of Native Trees

If you are trying to identify trees around your home or planning to plant some new trees, this is the best place to start.

This booklet covers 100 native trees of Delhi. Trees which are adapted to the environment, require minimum maintenance and sustain the wildlife. (Rs 50/-)



### Buy Forever Plants

Buy forever plants from NDNS. These plants can outlive you and all your future generations if it is well taken care of. (Rs 100/-)

When you buy from NDNS, you are supporting our environmental conservation work.



### A sip of Nature

Enjoy beverages in your very own NDNS mug.



### COOL BAGS for Cool People



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Fits in your pocket easily.  
Carry your laptop or groceries.  
Buy 5 cloth bags for just Rs 200/-  
Plastic bags are out of fashion.

Order now : 9711115666



### Volunteer / Intern at NDNS

- Protect the environment
- Join the growing NDNS team
- Email your CV to [info@ndns.in](mailto:info@ndns.in)

### Contribute to NDNS

#### Bank Details :

Account: New Delhi Nature Society  
Account number: 918020010738403  
IFSC: UTIB0001326

**paytm** - 9711115666



### De-Choke Trees

The Hon'ble National Green Tribunal in its order dated 23rd April 2013 has directed all Public Authorities to ensure that all the sign boards, names, advertisements, any kind of boards or signage's, electric wires and high tension cables or otherwise are removed from the trees.

They shall also ensure that the concrete surrounding the trees within one meter of the trees are removed and all the trees are looked after well and due precaution is taken in future so that no concrete or construction or repairing work is done at least within one meter radius of the trunk of trees.

[CLICK HERE for NGT ORDER FOR DE-CHOKING TREES](#)

[NAILS, WIRES, CEMENT \(10,000 RS. FINE\)](#)

[DELHI PRESERVATION OF TREES ACT, 1994](#)

[DELHI FLORA IDENTIFICATION FORUM \(Facebook\)](#)

### SOS NUMBERS

### FOR TREES AND ANIMALS

**NDNS - 9711115666**

**Fauna Police - 9212111116**

**Give Me Trees Trust - 8800326033**

**Wildlife Rescue - 9810129698, 9810639698**

**People For Animals - 011 23719293 / 9294.**

**For Cows -**

**Love for cow Trust - 9818434399**

**Doctor for cow - 9650048826**

**Dhyan Foundation - 9999099423**

**Kamdhenu Mangal Parivaar - 7503777888,  
9911002200**

### WHAT TO DO IF A TREE IS BEING CUT

- Click pictures
- Tell them to stop immediately
- Ask them to show the Forest Department permission.
- No permission, then Call 100 and wait till help arrives.
- Write a letter to the Forest Department
- If they have permission, take the supervisors details who must be present there and contact the Forest Department .

TO CONTACT THE FOREST DEPARTMENT

[dcfhqgnctd@gmail.com](mailto:dcfhqgnctd@gmail.com)

[dcfpmgnctd@gmail.com](mailto:dcfpmgnctd@gmail.com)

[cfdelhigovt@gmail.com](mailto:cfdelhigovt@gmail.com)

CC to:

[senv@nic.in](mailto:senv@nic.in)

[minlawtpt.delhi@nic.in](mailto:minlawtpt.delhi@nic.in)



For queries regarding CSR, please contact  
New Delhi Nature Society at [info@ndns.in](mailto:info@ndns.in)

### Sign Up

Click the Sign Up button and fill up your details to receive regular updates about NDNS activities.  
You can also ask your like minded friends to sign up this form.

### Previous Newsletters



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