



# The Times of Nature

## MONTHLY NEWSLETTER

[www.ndns.in](http://www.ndns.in)

Issue #70



Page 1

April 2023

### WAKE ME UP WHEN MERCURY IS NO LONGER IN RETROGRADE

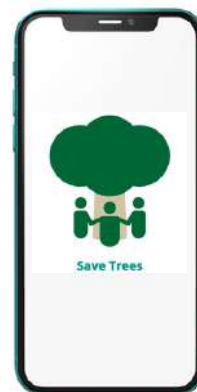


New Delhi Nature Society · 12/10/20

🙏 We never required an air conditioner under the shade of a tree. 😊

### [Donate to NDNS](#)

Please consider making a small contribution



### Save Trees App

- Want to save a tree?
- Don't know where trees are in danger?
- Use the Save Trees App to connect with people who want to save trees.
- Please [CLICK HERE](#) to learn more.

### Download

[Save Trees App:](#)



[NOW ON IOS:](#)



We would love to know how you feel about our work for nature conservation.

SEND FEEDBACK

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### May Schedule

| Date       | Activity                                 |
|------------|------------------------------------------|
| 06/05/2023 | Nature walk in Kalindi Biodiversity park |
| 13/05/2023 | Film Screening                           |
| 20/05/2023 | Art Workshop                             |
| 21/05/2023 | Volunteer meeting for Climate action     |
| 27/05/2023 | Environment Game                         |
| 28/05/2023 | Clay Bowl Distribution                   |

If you would like to participate, please get in touch with our team.

### 10x Your Money\_(Plants)



Money plants are popular indoor plants believed to bring prosperity and good luck. If you have a healthy money plant, you can easily multiply it by taking cuttings and propagating them.

To multiply your money plant cuttings into 10x, select a healthy parent plant and take several cuttings from it. Make sure the cuttings have at least two nodes, the points where leaves grow from the stem. Within a few weeks, the cuttings will develop roots and can be transplanted into individual pots.

With proper care and attention, you can have 10 new healthy money plants in no time.

[Click here to watch](#)

### Digital Detox



New Delhi Nature Society recently organized a unique event called "Digital Detox," where participants were encouraged to disconnect from their gadgets and reconnect with nature. The event was held on a beautiful, serene farm located on the outskirts of Delhi. During the six-hour event, participants engaged in various activities to experience the beauty and tranquillity of nature.

The Digital Detox event began with a nature walk, and they were shown different types of plants, trees, and wildlife. We also taught the participants how to identify different species and their uses. After the walk, the participants engaged in various fun activities such as climbing trees, playing games, and exploring the farm. These activities helped them to connect with nature and feel more relaxed. The participants were also allowed to harvest their food, some of which was prepared later and enjoyed by all.

The Digital Detox event had a profound impact on the participants. Many of them reported feeling more relaxed, peaceful, and connected to nature. They also noticed that they were more present and engaged in the moment, without the constant distractions of technology.

[Click to watch video](#)

### La Naturaleza, Kirori Mal College



Mr. Verhaen Khanna, the founder of the New Delhi Nature Society, was invited as one of the Guests of Honor at the event 'Initiative towards zero-waste' organised at the La Naturaleza fest at Kirori Mal College, University of Delhi by Bhoomi- the eco club of the college. The event was attended by students, faculty members, and esteemed guests.

The event was a resounding success, with students and faculty members turning out in large numbers to hear Mr. Khanna speak about the importance of preserving our planet's natural resources.

In addition to the speech, the New Delhi Nature Society was also given a stall at the college where the NDNS team asked the college students to write postcards for the forest department. The postcards urged the department to take necessary steps to conserve the forests and protect wildlife. Furthermore, the NDNS team prepared several interactive games for the students that helped in spreading awareness about the importance of environmental conservation.

[Click to watch video](#)



### Mitti Bowl Distribution In Shankar Market

The New Delhi Nature Society has launched an initiative to distribute mitti (clay) bowls in Shankar Market located in Connaught Place. The purpose of this initiative is to provide a source of water for stray animals and birds during the hot summer months, allowing them to stay hydrated.

The initiative aims to create awareness among people about the need to care for animals during the scorching summer season. The mitti bowls, made from clay, are environmentally friendly and can be easily placed in different areas to provide water for the animals.

The distribution of these bowls in Shankar Market is a strategic move as the area is a bustling market, and there are several stray animals and birds in the vicinity. The Nature Society hopes that the initiative will encourage other areas of the city to follow suit and take up similar initiatives.

This effort by the New Delhi Nature Society is a commendable initiative that demonstrates the importance of compassion and care for animals. In a city where stray animals are often neglected, this simple yet effective gesture will undoubtedly make a significant impact on the lives of these animals and birds, especially during the harsh summer season.

[Click to watch video](#)



### Nature Walk In Lodhi Garden

The New Delhi Nature Society recently organized a nature walk in Lodhi Garden, which was a delightful experience for all the nature enthusiasts who participated. The walk was aimed at promoting awareness about the environment and creating a deeper appreciation for nature.

During the nature walk, participants engaged in a range of activities such as hugging the trees, exploring the different species of trees, and learning about the various animals that inhabit the park. The group also had a chance to taste some fresh mulberries from the trees, which was a refreshing treat.

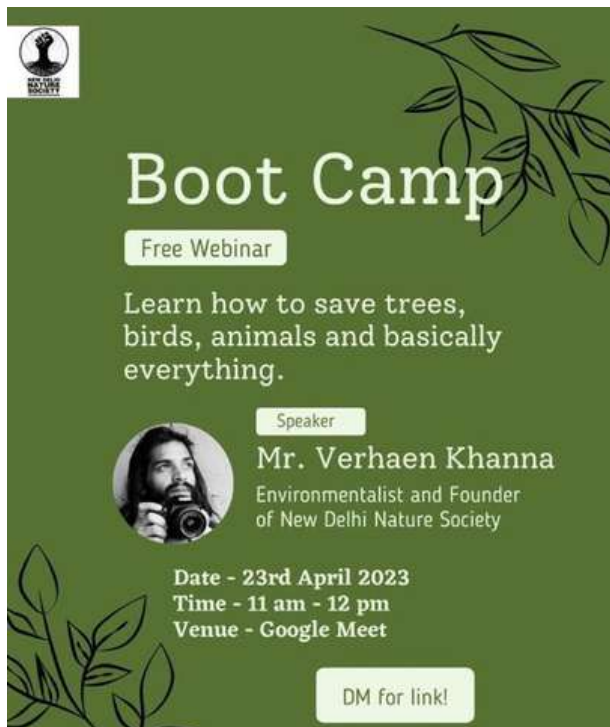
The nature walk was led by an expert guide who provided valuable insights about the history, ecology, and conservation of the park. Participants were fascinated to learn about the significance of each tree and how they support the local ecosystem.

Overall, the nature walk was a wonderful opportunity for people to connect with nature, learn about the environment, and appreciate the beauty of Lodhi Garden. The event was a huge success and left participants feeling inspired and motivated to take better care of the natural world.



[Click to watch the video](#)

### Boot Camp



New Delhi Nature Society recently organized a boot camp on dealing with stray animals and rescuing injured birds and animals. The boot camp was led by Mr. Verhaen Khanna, who shared valuable insights and tips on how to handle animals in distress.

Participants learned about the importance of being gentle and patient when approaching stray animals, as well as how to properly bandage and care for injured animals. Mr. Khanna also highlighted the need for greater awareness and compassion towards all creatures and encouraged participants to volunteer and get involved in animal rescue efforts in their local communities.

This Boot Camp also covered steps that one can take to save trees. Email addresses of the forest department and the Green Helpline number were also shared with everybody to empower them to make a difference.

Overall, the boot camp was a great success and left attendees feeling inspired and empowered to make a positive impact on the lives of animals.

### Bhalswa Greenry Restoration Project

New Delhi Nature Society has taken up a new project to make Bhalswa of Delhi greener in the 'Hawa Light Kar Challenge', an initiative by Chintan Environmental Research and Action Group in collaboration with Swechha.

This project is aimed at transforming one of the largest slums in Delhi into a green haven. NDNS applied to Chintan for a grant and our project was approved for Rs 1,50,000/-. The entire NDNS team is committed to this project and is working towards making it a success.

The primary objective of the Bhalswa project is to make the area greener and for this NDNS will be implementing various plans like Green Roofs, Vertical gardens, Plantation of Native Trees, and Composting. The project will focus on planting trees, food, and flowers to make the area more beautiful and vibrant. This will improve the quality of life of the people living in the area and help reduce pollution levels.

NDNS has been working day and night to make this project a success and till now this has been done through preparing a Nukkad Natak with the local children to encourage the people in Bhalswa to join hands with us and work towards a cleaner and greener Bhalswa. Along with that NDNS distributed various flower and vegetable seeds to all the residents so they could grow them in their own houses.



[Video 1](#)



[Video 2](#)



[Video 3](#)

### Bhalswa Project



New Delhi Nature Society organized a visit to Bhalaswa, where they conducted several activities to promote environmental awareness and sustainability. The visit began with an exciting nukkad natak (street play) that aimed to educate people about the importance of waste management and tree plantation. The play was performed by the kids from the area and was very well received by the locals.

NDNS also distributed seeds to the residents of the colony, encouraging them to plant trees outside their homes and surroundings. We also came up with a creative idea of making a human chain to pass the plastic bottles and saplings, which the kids placed on the walls of the colony. This initiative was aimed at making the colony look more green and beautiful. The NDNS team interacted with the residents and educated them about the importance of waste segregation and recycling.

The visits were a great success, and our efforts were highly appreciated by the residents of Bhalaswa. The teams' initiatives inspired people to take responsibility for their environment and work towards a greener and cleaner future.

## Heatwaves In Delhi

### Caught In The Wave: All Of Delhi At 'Danger Mark' On Heat Index

City's Sustainable Development Goals Threatened By Rising Temps: Study

Prityang Agarwal  
@timesgroup.com

New Delhi: A new research says that 100% of the city is at 'danger mark' on the heat index in contrast to Delhi government's assessment that only 50% of the city is at 'danger mark'. The research, which was conducted by a team of scientists from the University of Cambridge and the Indian Institute of Technology (IIT) Delhi, found that the heat index in Delhi is rising at an alarming rate. The study also found that the heat index is rising at a faster rate in the northern part of the city, which is more vulnerable to heatwaves. The research team also found that the heat index is rising at a faster rate in the northern part of the city, which is more vulnerable to heatwaves. The research team also found that the heat index is rising at a faster rate in the northern part of the city, which is more vulnerable to heatwaves.

**HEAT IS ON**  
What is heat index? It measures how hot it feels when relative humidity is factored in with actual air temperature. It is a widely used heat exposure metric in environmental health research.

**Critical variables in Delhi**

  - Concentration of slum population and overcrowding in high heat index areas
  - Lack of access to basic amenities like electricity, water and sanitation
  - Poor condition of housing and dirty cooking fuel (traditional biomass, kerosene and coal)

Heat and North-East districts can further elevate the heat index risks through heat island formation. As a rapidly urbanising city, Delhi has a high level of construction activities, mostly involving a low income labour force, which itself is at

severe risk from heat exposure. The research stated that Delhi lies in the 6-7 degree Celsius temperature anomaly zone, with heat index in the danger category. "Some of the critical variables in Delhi that will aggravate heat-related vul-

nerabilities are concentration of slum population and overcrowding in high heat index areas, lack of access to electricity, water and sanitation, non-availability of immediate healthcare and health insurance, poor condition of housing and dirty cooking fuel (biomass, kerosene and coal)," said the study.

The heat index analysis for Delhi also supported NAPCC's assessment that affluent areas were at high risk. The study noted that slums must align settlements in Delhi re-oriented with affluent neighbourhoods. It would have unprecedented consequences on the low-income population and pose a threat to sustainable development goals like energy security, public health and well-being, evergreen progress in reduced inequality and poverty action.

While Delhi ranks as India's second-best performer in terms of UN sustainable development goals, progress, the unaccounted heat index risk could threaten this ranking despite its "resilient climate vulnerability," the research said.

Delhi's renewable energy and affordable energy and has made positive progress towards no poverty, good health, and well-being, quality education, decent work and growth, reduced inequality and sustainable cities and communities goals.

Delhi has experienced severe heatwaves in the past, with temperatures soaring to as high as 49°C. Heatwaves can cause various health problems, including dehydration, heat cramps, and heat exhaustion. It is essential to stay hydrated, avoid direct sunlight, and wear light-colored and loose-fitting clothes during such extreme weather conditions.

Additionally, it is crucial to stay updated with weather forecasts and take necessary precautions to ensure personal safety during a heatwave.



New Delhi Nature Society recently organized a thrilling treasure hunt in the beautiful Lodhi Garden. The treasure hunt had 7 exciting checkpoints, where the participants had to solve interesting riddles and collect various articles on their way. The hunt was divided into four teams, and each team had two members.

The participants enthusiastically solved the riddles and collected the items at each checkpoint. The last checkpoint was the most exciting, as the participants had to search for the treasure. The teams raced against each other to find the treasure, which was hidden in a secret location within the park.

After a long and exciting hunt, one team emerged as the winner and won a gift hamper by Use me Works. The event was a huge success, and the participants had a great time exploring the park while solving riddles and searching for the treasure.

[Click here for the video](#)

[Click here for the Use Me Works page](#)

### NATURE TALKS PODHCAST – LET'S TALK ABOUT NATURE!



[Click here to read the full Blog](#)

In today's world, environmental issues are more pressing than ever before. The effects of climate change, pollution, and other environmental problems are becoming more and more evident, and it is essential for people to become environmentally aware and take steps to protect the environment. One of the main themes of the podcast is to encourage people to take action and make a difference in their own way. Verhaen Khanna believes that everyone has a role to play in protecting the environment, and he encourages listeners to take small steps such as reducing their carbon footprint, conserving trees and wildlife, and using renewable energy sources

By raising awareness about environmental issues and providing listeners with practical steps they can take to protect the environment, Nature Talks is helping to promote a more environmentally conscious society. The podcast encourages people to take action, whether it is reducing their carbon footprint, conserving water, or promoting recycling. Since the podcast covers a wide range of environmental issues, the episodes are informative, engaging, and thought-provoking, providing listeners with valuable insights and perspectives on the environment.



[Listen Now](#)



[Watch now](#)

### NEW BLOG



Electronic waste, or e-waste, is one of the fastest-growing waste streams in the world. With the rapid advancement of technology and the ever-increasing demand for electronics, it is becoming increasingly important to dispose of e-waste properly. In India, the disposal of e-waste is a major concern due to the lack of proper infrastructure and regulations. This blog post will discuss how to dispose of e-waste in India properly.

[Click to read](#)

### Interns of the month



Miss Akansha Gupta



Mr. Gaurav



Miss Ananya Singh



Below are a few tweets from the month of February about important nature-related stories from our @NDN\_HQ page. Please click on the links to open the tweets and learn more about these fascinating topics. Our Twitter page is a great way to stay up-to-date with the latest news and events related to nature and conservation, so be sure to follow us for more updates!

Anybody who is a patriot should save trees in India

[Click to view](#)

What is normal for the spiders in chaos for the fly

[Click to view](#)

Delhi-Danger mark-Heat index

[Click to view](#)

People are desperate for trees shade

[Click to view](#)

Disturbing a nest = hunting (WPA 1972)

[Click to view](#)

2,19,923.79 acres of nature - GONE!!

[Click to view](#)

Many more trees with wires tied on branches on this road

[Click to view](#)

High maintenance bamboo dried/died and removed in Lodhi garden, better to plant native trees.

[Click to view](#)

This is a magical tree, ask for a wish and it comes true.

[Click to view](#)

People are making a conscious decision to remove 5 trees per hour in Delhi. During the #HEATWAVE

[Click to view](#)

### DELHI TREES CARD GAME

A New Delhi Nature Society creation  
Suitable for 2-6 players.  
Great for all ages.

Get your pack just for Rs 200/-

[ORDER NOW!!!](#)



### CLOTH BAGS

New Delhi Nature Society

Cloth Bags

Size - 15 X 15 inches

5 assorted bags for Rs 200/-

[ORDER NOW!!!](#)

[Click here to watch video](#)



### BIRDS STICKERS



Rs 5/- each

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### DONKEY Vs PLASTIC BAG T-SHIRT

Sizes Available - M , L , XL , XLL

Colors available - Black , Blue , Red , Yellow

For just Rs 650/-

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### RE-WILD YOURSELF 30 Day Challenge



[ORDER NOW!!!](#)

# The Times of Nature

## MONTHLY NEWSLETTER

April 2023

### Birds of Delhi Badges (Rs50)

[ORDER NOW](#)

### Aloe Vera Plant (Rs 100)

[ORDER NOW](#)

### Native Trees of Delhi Booklet (Rs 50)

[ORDER NOW](#)

### NDNS Coffee Mugs (Rs 250 each)

[ORDER NOW](#)

### Volunteer / Intern at NDNS

- Protect the environment
- Join the growing NDNS team
- Email your CV to [info@ndns.in](mailto:info@ndns.in)

### Contribute to NDNS

Bank Details :

Account: New Delhi Nature Society

Account number: 918020010738403

IFSC: UTIB0001326


 : 9711115666

### NDNS Membership

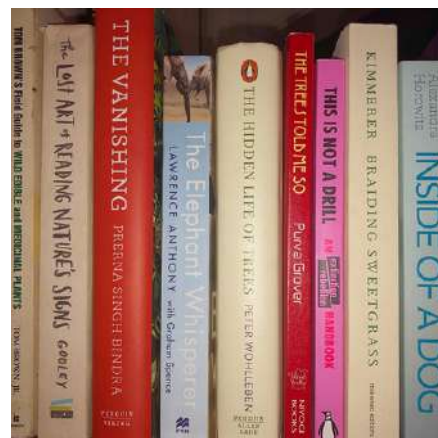
We are thrilled to offer you the opportunity to become a member of the New Delhi Nature Society (NDNS). As a member, you will play a critical role in helping to protect the environment and support our mission of creating a sustainable future for all. In addition to making a meaningful impact, you will also enjoy special packages and benefits exclusively available to members. We look forward to your participation and thank you for your support!

[Click here to Sign Up](#)



### Donate a book to the NDNS library

We would like to express our heartfelt gratitude to all the amazing individuals who have donated nature-related books towards the #newdelhinaturesociety library. Your generosity will help us in building a comprehensive library that will be a valuable resource for nature enthusiasts and students alike. If you too would like to contribute to our library, we welcome book donations and encourage you to get in touch with us for more information. You can visit our website at [www.ndns.in](http://www.ndns.in) to learn more about our organization and our various initiatives.



### We're Hiring!

We are currently seeking candidates who are interested in an internship and/or full-time work with our organization. We have multiple ongoing projects that require dedicated and passionate individuals who are eager to make a positive impact on the environment. If you are interested in joining our team, please fill out the application form to apply. We look forward to hearing from you!

[FILL THE FORM](#)



### De-Choke Trees

The Hon'ble National Green Tribunal in its order dated 23rd April 2013 has directed all Public Authorities to ensure that all the sign boards, names, advertisements, any kind of boards or signage's, electric wires and high tension cables or otherwise are removed from the trees.

They shall also ensure that the concrete surrounding the trees within one meter of the trees are removed and all the trees are looked after well and due precaution is taken in future so that no concrete or construction or repairing work is done at least within one meter radius of the trunk of trees.

**NAILS, WIRES (10,000 RS. FINE)**

**NGT ORDER FOR DE-CHOKING TREES  
DELHI PRESERVATION OF TREES ACT**



For queries regarding CSR, please contact New Delhi Nature Society at [info@ndns.in](mailto:info@ndns.in)

### SOS NUMBERS (TREES AND ANIMALS)

- NDNS - 9711115666
- Wildlife Rescue - 9810129698, 9810639698
- People For Animals - 011 23719293 / 9294.
- For Cows - Dhyani Foundation - 9999099423

### A TREE IS BEING CUT?

- Click pictures
- Tell them to stop immediately
- Ask them to show the Forest Department permission.
- No permission, then Call 100 and wait till help arrives.
- Report the matter on the Green Helpline 1800118600
- Write a letter to the Forest Department
- If they do have permission, then take the supervisor's details who must be present there and contact the Forest Department .

### FOREST DEPARTMENT

[dcfhqgnctd@gmail.com](mailto:dcfhqgnctd@gmail.com)

[dcfpmgnctd@gmail.com](mailto:dcfpmgnctd@gmail.com)

[pccfgnctd@gmail.com](mailto:pccfgnctd@gmail.com)

**Sign Up**

Fill up your details to receive regular updates about NDNS activities.



**Previous Newsletters**

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